



ATTC HHS REGION 9
Pacific Southwest



GUAM BEHAVIORAL
HEALTH AND WELLNESS
CENTER

GUAM'S 7TH ANNUAL BEHAVIORAL HEALTH & ADDICTIONS

VIRTUAL CONFERENCE

AGENDA AT-A-GLANCE

DAY 1 AGENDA

Bougainvillea: vibrant,
hardy, and blooming all
over Guam



Time (ChST)	Topic	Presenters
8:00AM - 9:00AM	Welcoming Remarks, Introductions, and Bendishon (<i>Blessing in Chamorro</i>)	Thomas E. Freese, PhD, UCLA ISAP, PSATTC Opening Prayer: Pastor Andresina Mcmanus Karran Phillips, MD, CSAT Director Twyla Adams, MHS, SAMHSA ATTC Project Officer Linda Fulton, CSAT GPO Theresa Mitchell, CSAT GPO
9:00AM - 10:00AM 	P1: Assisted Outpatient Treatment for Mental Illness	Lisa Callahan, PhD
15min Break		
10:15AM - 11:15AM	AM Workshops	
45min Break		
12:00PM - 12:15PM	Movement Session	Patrick Camacho with Guma'Ma Higa
12:15PM - 1:15PM	PM Workshops	
15min Break		
1:30PM - 2:30PM  	P2: Tobacco, alcohol, other substance use and mental health in the US-affiliated Pacific islands: How is the Region doing?	Annette M. David, MD, MPH Senior Partner, Health Partners



AM WORKSHOPS

1A: Understanding ASAM Criteria: A Foundational Overview and 4th Edition Highlights

Brian Hurley, MD, MBA, FAPA, DFASAM

Clinical Track

1B: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Grant Hovik, MA

Mental Health Track

1C: Adolescent Tobacco, Betel Nut, and Cannabis Use in the USAPI: Risk and Protective Factors, Tailored Prevention, and Emerging Issues

Francis Dalisay, PhD & Robbie Gerrie San Nicolas

Opioids, Stimulants, & other Emerging Trends Track

1D: Disaster Behavioral Health – Addressing Immediate Mental Health Needs When Disasters Arise

Lana Pohlmann, MPA, MSCJ

Populations w/ Specific Service Needs Track

1E: Working Across Sectors: Building Prevention Partnerships in Pacific Island Communities

Albert Gay, MS

Prevention Track

1F: Bridging the Gap: Integrated Health Strategies for Rural Communities

Christopher Schamber, LCSW

Challenges and Solutions in Rural Communities Track

1G: Family Resilience in Guam: Perspectives from Parenting, Social Work, and Clinical Practice

Lynnette M. Arriola, MSW, MA, LCSW, LPC, RPT-S; Angelika E. Beyond, MA & Chelsey Joylene A. Nesmith, LCSW

Women, Children, and Families Track

1H: An Emerging HIV Epidemic in the Pacific: What Fiji Can Teach Us About Addiction, Negative Perceptions, and Community-Centered HIV Prevention

Monica Hahn, MD, MPH, MS, AAHIVS

Co-Occurring Health Conditions Track

CME / Pharmacy credits available =

AM WORKSHOPS

the ko'ko is the
national bird of Guam



PM WORKSHOPS

2A: Building Hope Through Dialectical Behavior Therapy: Harnessing DBT for Emotional Resilience in Substance Use Recovery

Rosana Trivino-Perez, LCSW

Clinical Track

2B: "Someone to Respond": Introduction to Guam's Mobile Crisis Response Team

Mitchell Charlamagne Johnson, MA; Maven Tyler Dulana; Joshua Jordan A. Pangelinan

Mental Health Track

2C: Clearing The Air: The Hidden Truth about Vaping

Norma Stoker-Mtume, MHS, MA, MFT

Opioids, Stimulants, & other Emerging Trends Track

2D: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Grant Hovik, MA

Populations w/ Specific Service Needs Track

2E: Ethical AI in Action: Practical Do's, Don'ts, and Guardrails for Prevention Specialists

Rebecca Lynn Cooney, MS

Prevention Track

2F: Bridging the Gap: Integrated Health Strategies for Rural Communities

Christopher Schamber, LCSW

Challenges and Solutions in Rural Communities Track

2G: Invitation to Change: Engaging Families in Treatment

Brandy Oeser, MPH

Women, Children, and Families Track

2H: An Emerging HIV Epidemic in the Pacific: What Fiji Can Teach Us About Addiction, Negative Perceptions, and Community-Centered HIV Prevention

Monica Hahn, MD, MPH, MS, AAHIVS

Co-Occurring Health Conditions Track

Recorded Session

CHamoru people have used shells as tools, money, spiritual items and to play chongka

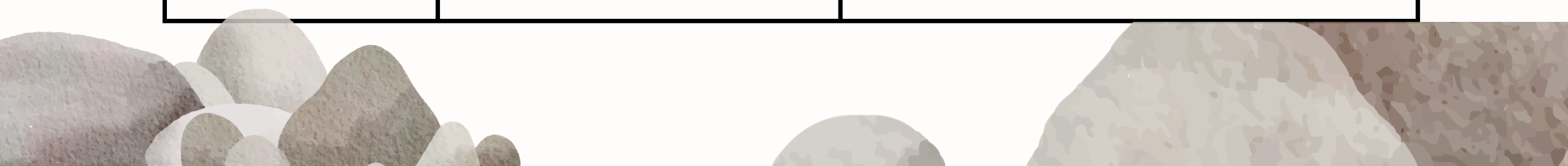
CME / Pharmacy credits available =





DAY 2 AGENDA

Time (ChST)	Topic	Presenters
8:00AM - 8:15AM	Opening Remarks	Beth A. Rutkowski, MPH, UCLA ISAP, PS-ATTC Thomas E. Freese, PhD, UCLA ISAP, PS-ATTC
8:15AM - 9:15AM 	P3: Co-Occurring Mental Health Disorders in SUD Treatment: Treating the Whole Person	Thomas E. Freese, PhD Director, UCLA Integrated Substance Use and Addiction Programs
15min Break		
9:30AM - 10:30AM	AM Workshops	
45min Break		
11:15AM - 11:30AM	Movement Session	Patrick Camacho with Guma'Ma Higa
11:30AM - 12:30PM	PM Workshops	
15min Break		
12:45PM - 1:45PM 	P4: Pacific Way to Well-Being	James Arriola, MA, CPS, Brabu Behavioral Health Services
1:45PM - 2:30PM 	Closing Remarks	Joshua F. Tenorio Acting Governor of Guam Beth A. Rutkowski, MPH, UCLA ISAP, PSATTC



AM WORKSHOPS



3A: How to Engage and Work with Patients Who are Ambivalent about AUD Treatment

Beth Rutkowski, MPH

Clinical Track

3B: Healing Through Connection: Person-Centered Care for Post-Traumatic Stress Disorder and Substance Use

Maria Hu, DSW, LCSW

Mental Health Track



3C: What's Actually Out There: Emerging Drug Trends, Vaping, and the New Substance Landscape

Jason Branch, PhD

Opioids, Stimulants, & other Emerging Trends Track

3D: Depletion to Stability: Rebuilding the Body to Support the Brain

Anne R. Lindsay, PhD, M.S., FACSM

Populations w/ Specific Service Needs Track

3E: Adolescent Tobacco, Betel Nut, and Cannabis Use in the USAPI: Risk and Protective Factors, Tailored Prevention, and Emerging Issues

Francis Dalisay, PhD; Robbie Gerrie San Nicolas

Prevention Track

3F: Grounded Under Pressure: Nervous-System Tools for Sustaining Care through Crisis and Recovery

Monique Tula; Emma Roberts

Challenges and Solutions in Rural Communities Track

3G: From Surviving to Thriving: Supporting Children Impacted by Addiction

Peggy McGillicuddy, MEd, CTSS

Women, Children, and Families Track

3H: Disaster Behavioral Health – Addressing Immediate Mental Health Needs When Disasters Arise

Lana Pohlmann, MPA, MSCJ

Co-Occurring Health Conditions Track

CME / Pharmacy credits available =



*In CHamoru folklore,
paradise is filled with
bananas, coconuts and other
fruits of the Earth*



PM WORKSHOPS

4A: Professional Responsibility – the Ethics of Personal Standards
Kate Speck, PhD, MAC, LADC & Christopher Schamber, LCSW
Clinical Track

4B: Healing Through Connection: Person-Centered Care for Post-Traumatic Stress Disorder and Substance Use
Maria Hu, DSW, LCSW
Mental Health Track

4C: Navigating the Triad: What Providers Need to Know About Mental Health, Substance Use, and Homelessness
Ricardo Garcia, BA
Opioids, Stimulants, & other Emerging Trends Track

4D: Assisted Outpatient Treatment: Meeting People Where They Are
Jason Branch, PhD
Populations w/ Specific Service Needs Track

4E: The Power of Belonging: Social Connectedness as a Prevention Strategy
Elizabeth Weybright, PhD
Prevention Track

4F: Building a Community Response: A Three-Key Approach to Addressing Substance Use
Sarah M. Thomas-Neddog, MPA
Challenges and Solutions in Rural Communities Track

4G: Hope Dealers: Guam's Peer-Led Youth Empowerment Prevention Programs
Brian Hahn, Jerria Martin & Rebecca Morta

Women, Children, and Families Track

4H: An Emerging HIV Epidemic in the Pacific: What Fiji Can Teach Us About Addiction, Negative Perceptions, and Community-Centered HIV Prevention
Monica Hahn, MD, MPH, MS, AAHIVS
Co-Occurring Health Conditions Track
Recorded Session



Coconut Palm (also known as
the Tree of Life!)



TIMEZONE CONVERTER

Guam's 7th Annual Behavioral Health and Addictions

Virtual Conference

Time Zone Conversion Chart

Wednesday, September 23, 2026								Thursday, September 24, 2026							
DAY ONE	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM	9:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Lunch Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	11:00 PM	11:00 AM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 AM	12:15 PM	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30AM	12:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

Thursday, September 24, 2026								Friday, September 25, 2026							
DAY TWO	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 AM	8:15 AM	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 AM	9:15 AM	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Lunch Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 AM	11:30 AM	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 AM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 AM	12:45 PM	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	12:45 AM	12:45 PM	1:45 PM	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

Please note: The agenda is presented in Guam Time (ChST – Chamorro Standard Time). Kindly refer to the time zone conversion chart to determine your local time. When you join the conference, Zoom Events will automatically show session times in your local time zone.